



JUNIOR LEAGUE OF
FORT WORTH

**Project Research and Development (PR&D)
2022-2023 Overview and Committee Selections**

SUMMARY

Funding Allotment

\$535,000

Process by the Numbers

39 Initial Project applications received from 33 nonprofit agencies
18 Nonprofit agencies completed the full application
10 Nonprofit agencies interviewed
8 Projects recommended utilizing 52 volunteers
4 Previously approved Projects utilizing 29 volunteers

Guiding Principles

JLFW Community Impact Areas

- Arts and Culture
- Basic Human Needs
- Education
- Physical & Mental Health
- Supports Fort Worth

JLFW Mission

- *...an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers.*

Project Criteria

- Meaningful volunteer experience and influence within the Community Impact Areas
- Compliance with Standing Rules
- Volunteer component matching membership preferences including flexible hours or time of day conducive to women balancing multiple responsibilities

Other Factors Considered

- Expansion to multi-year relationships for projects potentially facing funding challenges post-COVID
- Preference to fund new or expanded services over programmatic funding

PROJECT SELECTIONS

Eight (8) Projects are recommended for the 2022-2023 year.

ACH Child and Family Services

Wedgewood Residential Campus Bike Path Project
\$70,000 6 volunteers

Casa Manana*

Musical Theatre for Students with Special Needs Project
\$50,000 6 volunteers

Daniel Migael

All Eyes on A.L.I.C.E. Project
\$100,000 5 volunteers

First Tee

Briscoe/Morningside Building and Resource Project
\$35,000 8 volunteers

Girls on the Run

FWISD Scholarship Project
\$40,000 7 volunteers

Justin's Place

E2 Project
\$75,000 6 volunteers

Lena Pope

Chapel Hill Academy SMaRT Camp Project
\$40,000 6 volunteers

Wings of Hope*

Discovery Room and Office Renovation Project
\$125,000 8 volunteers

Four (4) Projects were approved as multi-year Projects for 2021-2022 that will continue into 2022-2023.

Con Mi MADRE

Out of School Project
\$20,000 10 volunteers

Meals on Wheels of Tarrant County

Doorstep Pantry Project
\$50,000 5 volunteers

The Welman Project*

The Ultimate Teacher's Lounge & Makerspace Project
\$25,000 8 volunteers

Tarrant Area Food Bank

Junior MINTS School Pantry Project
\$100,000 6 volunteers

**Denotes building funds designated as a Special Project*

PROJECT #1

Agency: **ACH Child and Family Services**

Project: **Wedgwood Residential Campus Bike Path Project**

ACH Child and Family Services (ACH) brings resources and skills to children and families struggling with life's challenges. Together they develop solutions that create safety, hope, love, and the capacity to thrive. The agency requested funding for the construction of a 4' wide ADA compliant bike path to be built around the ACH Wedgwood Campus. A functional, and compliant, bike path will provide a safe place to walk, ride bikes and play for the children (ages 4-17) who reside in the homes located on the Wedgwood Campus. The new bike path will provide a safe and secure place for these kids to enjoy the outside, get the physical activity they need and foster community amongst the campus residents.

Investment Details: \$70,000

Funding will remove old, damaged asphalt and construct a 4' wide ADA compliant bike path to be built around the ACH Wedgwood Campus.

Volunteers: Six (6)

JLFW Volunteers will continue to partner with ACH staff to create and administer The Wellness Program for the youth of the Residential Treatment Center at ACH. Each visit to ACH will include planned activities geared toward wellness of children in the Residential Treatment Center. This placement is flexible for volunteers to make it their own, with the guidance of ACH and Residential Treatment Center staff.

Volunteer hours are available Monday-Friday during the evening (5 p.m. - 9 p.m.). Each volunteer will be screened and trained by the ACH Volunteer Services Manager. Volunteers will be required to undergo a drug screen, TB test, criminal background check, show proof of COVID-19 vaccination, submit 3 references, and complete an ACH volunteer application, interview and orientation/training. Training will consist of 3-4 hours of online, self-paced modules, plus 4.5 hours of virtual or in-person training on ACH mission and values, volunteer processes and procedures, and program-specific content. JLFW volunteers will be trained in appropriate interaction with participants in the programs.

Type of Placement: Year-Round

Project Duration/Number of Years: One (1)

JLFW Areas of Impact Addressed: Physical and Mental Health

PROJECT #2

Agency: **Casa Manana**

Project: **Musical Theatre for Students with Special Needs Project**

Casa Mañana strives to create, nurture, and advance live professional theatre unparalleled in artistic excellence for the enrichment and education of our diverse community and its future generations of artists and patrons. Once persons with intellectual and developmental disabilities leave high school, there are very limited extracurricular activities and almost none specific to theatre. The Casa Manana All-Abilities Classes create equity in the performing arts world with their high-quality weekly class offerings, specially designed to develop cognitive and socialization skills for persons with special needs. Between 14-19 students are enrolled each semester.

Investment Details: \$50,000

Designated as a Special Project, funding will help build an ADA accessible wheelchair ramp and renovate a bathroom in the education building. Funds will also be used for supplies for the All-Abilities Class including a computer, voice output device, royalties for shows students can perform, as well as set, prop and costume supplies.

Volunteers: Six (6)

JLFW volunteers will support the All-Abilities Class through the Casa Manana Shadow Program. Volunteers will assist adults with disabilities on the stage during the class as well as help to facilitate class activities. This class is held one evening per week, specific day not determined yet, for 1-1.5 hours and volunteers would serve October through December 2022 and February through May 2023. There are a number of special events throughout the year where volunteer assistance could be utilized as well.

Type of Placement: Year-Round

Project Duration/Number of Years: One (1)

JLFW Areas of Impact Addressed: Arts and Culture

PROJECT #3

Agency: **Daniel Migael**

Project: **All Eyes on A.L.I.C.E. Project**

Daniel Migael provides access to vision care and prescription glasses to disadvantaged individuals in low-income communities, homeless (sheltered or unsheltered) and/or uninsured. Their goal is to better the chances for them to contribute back to their communities and families whether that be through education, employment or life skills. A.L.I.C.E. (Asset Limited Income Constrained Employed) is the acronym used by the United Way to identify working households that earn income above the Federal Poverty Level (FPL) but below the basic cost of living. This Project will support the mobile vision clinic traveling to ALICE communities offering access to eye examinations and prescription glasses; thus, eliminating the challenge of transportation and lack of affordable vision care. The number of clients served will be greatly increased by hosting regular mobile clinics in the 76104 neighborhoods at several churches and schools. Although it is located so close to the medical district, residents here struggle with access to healthcare.

Investment Details: \$100,000

Funding will support maintenance on "PopEye", the mobile motorcoach clinic that serves as the lab processing center for the organization, lenses and glasses, and office and medical supplies. The funds will allow Daniel Migael to expand their services to people in the 76104 communities, expanding the reach of these critical services to those residents.

Volunteers: Five (5)

JLFW volunteers will be trained to assist during the vision clinics. They offer orientation with full instructions on patient registration, pre-screening, frame styling, cutting on the prescription lenses, and understanding how to read written glasses prescriptions.

Community clinics will be scheduled on Saturdays with patient care/appointments from 10am to 3pm. JLFW Volunteers will be asked to arrive 30-45 minutes earlier for set up and on-site orientation. It will also take 30-45 minutes after clinic to pack up.

Each clinic should provide approximately 7-8 volunteer hours allowing the JLFW Volunteers flexibility in selecting the clinic dates when they can help and not obligated every month. The Volunteers will also assist in returning to the site of the clinic to deliver the glasses and conduct post-examination surveys, either by phone, text, or email. Although the majority of hours will be earned during weekend clinics, there are limited weekday hours available in the lab helping to cut and mount the prescription glasses.

Type of Placement: Year-Round

Project Duration/Number of Years: Two (2)

JLFW Areas of Impact Addressed: Basic Human Needs

PROJECT #4

Agency: **First Tee**

Project: **Briscoe/Morningside Building and Resource Project**

The mission of First Tee Fort Worth is to enable kids and teens to build the strength of character that empowers them through a lifetime of new challenges. By seamlessly integrating the game of golf with life skills curriculum, First Tee creates learning experiences that build inner strength, self-confidence, and resilience that kids carry to everything they do. Upgrading the First Tee facility located on the Briscoe Elementary School campus, southeast of downtown Fort Worth, would allow the organization to offer indoor programming, in case of inclement weather or extreme heat, as well as expand several of the services they offer to the community such as career exploration, college counseling and individual workshops. Their goal is to engage the entire Morningside community, including adults.

Investment Details: \$35,000

Funding will update the current building at the Briscoe Elementary/Morningside location including interior updates and fresh branding, a promethean board tied with internet connectivity, 20 Chromebooks to facilitate a new virtual curriculum, and STEM curriculum. Naming rights are available for JLFW.

Volunteers: Eight (8)

JLFW Volunteers will assist the First Tee staff with facilitating classes, programming and special events at the various Fort Worth-area First Tee locations. Most volunteer hours will be gained through assisting the First Tee staff coaches with Life Skills Classes, continuing the volunteer partnership that JLFW has had with First Tee for many years.

Volunteers will be working at one of three following locations: Rockwood Golf Course - 1900 Rockwood Park Dr. N., Fort Worth 76114 Squaw Creek Golf Course - 1605 Ranch House Rd., Willow Park 76087 Benbrook Par 3 - 1801 Winscott Rd., Benbrook 76126. Classes are held from 5:30 - 7 pm on weekdays and 9:00 and 11:00 am on Saturdays. A background check is required.

Type of Placement: Year-Round

Project Duration/Number of Years: One (1)

JLFW Areas of Impact Addressed: Education, Physical and Mental Health

PROJECT #5

Agency: **Girls on the Run**

Project: **FWISD Scholarship Project**

Girls on the Run (GOTR) inspires girls to be joyful, healthy, and confident using a fun, experience-based curriculum that creatively integrates running. Girls are more vulnerable to the negative impacts of stress, like depression and anxiety, due to processing stress differently than their male peers. Girls already experienced decreases in physical activity prior to the pandemic, and it is now even more pronounced. GOTR gives girls in third through eighth grade a place to alleviate these negative impacts. The program challenges outcomes such as the decline in self-confidence & the decrease in physical activity that girls experience in adolescence, poor outcomes which are heightened for girls of high economic need. GOTR believes that every girl can embrace who she is, define who she wants to be, rise to any challenge, and change the world.

Investment Details: \$40,000

Funding will support scholarships for program participants to ensure that the GOTR program is accessible to every girl regardless of economic status. More than 50% of the current participants are from low-income backgrounds requiring financial aid. Our funds will directly impact the number of elementary and middle school aged girls in FWISD that are able to participate. Funds will also be used to buy running shoes for program participants.

Volunteers: Seven (7)

JLFW Volunteers will serve as coaches for a Girls on the Run group. Coaches will undergo training to create a positive and inclusive environment for girls (including guidance on adapting the program for girls with disabilities), support a mastery-based climate, and implement the Girls on the Run curriculum as intended. They will also undergo specific trauma-focused training to recognize and understand the effects of trauma, learn tangible steps they can take to make Girls on the Run a trauma-sensitive space, and how to facilitate and provide additional support to girls who may have experienced trauma. This trauma-focused training is particularly important to effectively serve girls from low-income backgrounds, as girls who live in poverty are also at a greater risk of experiencing trauma.

GOTR will work to assign 3-4 coaches to each group of 15-20 girls. Two coaches must be present each practice. The commitment is twice a week for 10 weeks, 90 minutes per meeting. The schedule varies by location but typically will be held on two weekday afternoon/evenings between 4:30-7:30 PM. A typical meeting schedule might be Tues/Thurs from 5-6:30 PM for 10 weeks, ending with our end of season 5K Celebration that concludes our program. Volunteers will subject to a background check.

Type of Placement: Year-Round

Project Duration/Number of Years: Two (2)

JLFW Areas of Impact Addressed: Physical and Mental Health

PROJECT #6

Agency: **Justin's Place**

Project: **E2 Project**

Justin's Place exists to impact the life of a child by empowering mothers to grow mentally, spiritually and physically to live a life free of crisis walking out of generational poverty. The Nest, under construction now, is a place where single mothers can live while they turn their lives around and work towards escaping generational poverty. Once completed, the Nest will house 24 families at a time. In addition, the property and E2 programming will be used to serve single mothers who live at or below the poverty level to be empowered and equipped to dream their dreams, set their goals and walk towards them. The Nest and E2 are an action step to invest in lives that have been oppressed by generational poverty and positively impact the future for generations to come. The Nest will support them as they step towards self-sufficient living and E2 will equip them to succeed.

Investment Details: \$70,000

Funding received from the Junior League of Fort Worth would be used to fund the E2: Empowering and Equipping program that will take place in the JLFW Community Kitchen at The Nest. The funding will provide the needed supplies and equipment to maintain the programming that will provide the single mothers being served with the tools they need to step towards their dreams and goals. The E2 programming will be run by volunteers using their strengths to model, lead and equip single mothers to step towards a healthy independent future.

Volunteers: Six (6)

JLFW Volunteers will support the mothers and families living at the Nest. The following opportunities will be available for volunteers: Lead weekly classes to equip and empower mothers to grow in their skills to successfully and independently navigate life towards their dreams and goals. Classes will be offered in the following areas: nutrition, cooking skills, exercise, planning family activities and developing family traditions, and gardening. As well as classes in computer literacy, interviewing and job development.

Mentoring teams: Each single mother will be circled by a mentoring team of 6 people. This mentor team will serve as a support team for the single mother as she steps towards her dreams and goals. The mentoring teams will help to empowering single mothers towards self-sufficiency. Half-day reception greeting: Be the face of the Nest and welcome their families and guest as they come in and out of the property offering hospitality and fellowship as they move into the Nest. Volunteer hours are available M-F 9:00am- 5:00pm or Monday -Thursday 5:00-9:00pm. A background check is required.

Type of Placement: Year-Round

Project Duration/Number of Years: Two (2)

JLFW Areas of Impact Addressed: Basic Human Needs

PROJECT #7

Agency: **Lena Pope**

Project: **Chapel Hill Academy SMaRT Camp Project**

SMaRT Camp nurtures student social and academic development through enrichment activities during summer. SMaRT Camp is for 3rd through 8th graders at Chapel Hill Academy (CHA), a division of Lena Pope, and will serve between 150-200 students, expanding to include 7th and 8th graders next summer. CHA is a Title I School, meaning at least 65% of the student population qualifies for a free or reduced breakfast and lunch. CHA students are often faced with a variety of issues such as limited access to food, clothing, school supplies, and parents/guardians regularly require assistance with other daily living necessities. In addition, most of the students arrive with deficits in five competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision making. SMaRT Camp offers experiences that these children may not otherwise have. Every child deserves access to exceptional education that encourages them to grow and learn in ways that are most appropriate for them. SMaRT Camp provides opportunities for youth to learn about topics of interest for them, and in turn, increase their overall academic success and help prevent summer learning loss.

Investment Details: \$40,000

Funding will include bus transportation and admission to field trips, as well as curriculum and supplies for SMaRT Camp. SMaRT Camp nurtures student social and academic development through enrichment activities during summer. It provides opportunities for youth to learn about topics of interest for them, and in turn, increase their overall academic success and help prevent summer learning loss.

Volunteers: Six (6)

JLFW Volunteers will pair up with teachers in the classrooms during camp and to accompany the students and teachers to various field trips and will provide additional support to the teachers and staff during the remainder of the camp day. In the summer of 2022, Chapel Hill Academy's SMaRT camp will be a series of classroom lessons with coordinating field trips yet to be determined. Some examples of past field trips include Globe Life Park, Fox Sports Southwest, Leonard Golf Links, Fort Worth Museum of Science and History, ItzUSA, Fort Worth Stockyards, the Bureau of Engraving and Printing, Fort Worth Library, Ross Perot Museum, Fort Worth Zoo and SeaQuest Aquarium.

The specific dates for SMaRT camp 2022 have yet to be determined. Traditionally, SMaRT Camp is held in June for two to three weeks and is typically seven hours per day. Volunteers could choose to work one full week, or mornings or afternoons for two weeks. A background check is required.

Type of Placement: Concentrated Summer

Project Duration/Number of Years: One (1)

JLFW Areas of Impact Addressed: Education

PROJECT #8

Agency: **Wings of Hope**

Project: **Discovery Room and Office Renovation Project**

Wings of Hope provides equine assisted activities for children and adults with unique physical, mental and emotional challenges. This Project upgrades the experience of those in the Wings of Hope facility to provide an efficient space of dignity, improved ease of navigation, and amenities that address the unique population of people with disabilities needs for modifications that promote independence, and to accommodate the volunteers, donors, and staff that support this population. The Discovery Room Project will provide Wings of Hope with an indoor space allocated for the Equine Assisted Learning and Equine Discovery programs. This newly built space will also allow Wings of Hope to enhance and increase partnerships with area school

districts and provide "Field Trips with a Purpose" for larger groups. After 25 years in the same space, upgrades are needed for staff, volunteers, and clients.

Investment Details: \$125,000

Designated as a Special Project, these building funds will be used to renovate the office space and build the Discovery Room at Wings of Hope. Funding will cover a new HVAC system, drywall, paint, flooring and furniture for the office as well as complete the new construction of the Discovery Room. There will be JLFW naming rights for the Discovery Room.

Volunteers: Eight (8)

JLFW volunteers do not need horse experience to serve at Wings of Hope. Volunteers work hands-on with horses and riders each week as a trained Side Walker or Leader. Hands-on training pertaining specifically to the riders and horses the volunteer works with weekly is conducted as onboarding training. Training is continual each week they are in the barn as they learn more about equine-assisted services and engage more with clients served. Volunteers must be physically able to walk alongside a rider and their horse in a dirt arena or trail for 1 hour. Volunteers who demonstrate effective communication skills, empathy, and flexibility are always a good fit when working with those with disabilities and challenges.

Ideally, volunteers will commit and volunteer a minimum of 1.5 hours weekly; preferably on the same day and time each week. They ask that the volunteer commit to 1 one-hour lesson and arrive 15-30 minutes prior to the start of the lesson with the opportunity to serve in multiple lessons back-to-back if desired. Volunteers that are not able to commit to the same day and time each week are encouraged to volunteer weekly as their schedule allows so that they can obtain a total of 50 placement hours. Wings of Hope historically strives to operate 40 weeks year-round, therefore, resulting in the easiest way to obtain 50 placement hours by attending a minimum of 1 weekly lesson.

Wings of Hope operates September through June with a modified or limited schedule in July/August due to the heat. Volunteers are able to begin in June to coincide with the kick-off of the placement year. All volunteers are expected to begin in September at the beginning of our service year. Prior to the pandemic, WOH had lessons on Saturdays. It is possible that weekend opportunities will become available during the 2021-2022 year, but there are not structured future plans for that at this time. There are some weekend one-time event opportunities.

Volunteer hours are available Monday through Thursday during the morning (9:00a.m.-12 noon), afternoon (12 noon-5:00p.m.), and evening (5:00p.m.-7:30p.m.). There are some weekend one-time event opportunities for special events, horse shows, etc. A background check is required.

In the event a volunteer becomes pregnant during the placement the volunteer will not be allowed in the arena, or with the horses. There is not a need to replace those volunteers during the placement year but it is encouraged that volunteers who know or anticipate being pregnant during the year refrain from this placement.

Type of Placement: Year-Round

Project Duration/Number of Years: One (1)

JLFW Areas of Impact Addressed: Physical and Mental Health
