

**Project Research and Development Overview and Recommendations  
2017-18**

Funds to Gift:  
\$395,000

Process:

Project applications due June 1st  
30 Agency applications  
19 Agency Interviews  
15 Project Recommendations  
120 volunteer spots

Guiding Principles:

1. JLFW Areas of Impact
  - Education
  - Access to Social Services
  - Arts
  - Health& Nutrition
  - Job Training/Readiness
2. JLFW Member Preferences, per 2016 Member Survey
  - Flexibility
  - Making a Community Impact
  - Friendship/Interaction with Other JLFW Volunteers
  - Opportunity for Leadership
  - Opportunity for Event Planning and Organization
  - Working in Job Training, Education, Arts and/or Social Services
3. Opportunity for more volunteers to serve in projects

Recommendations:

Camp Fire First Texas	\$100,000	10 volunteers
Rivertree Academy	\$50,000	12 volunteers
Fort Worth Drowning Prevention	\$30,000	16 volunteers
Daniel Migael Foundation	\$25,000	6 volunteers
Presbyterian Night Shelter	\$25,000	8 volunteers
Union Gospel Mission	\$25,000	8 volunteers
ACH Child & Family Services	\$20,000	8 volunteers
Boys & Girls Club	\$20,000	6 volunteers
Catholic Charities	\$20,000	6 volunteers
The Ladder Alliance	\$15,000	6 volunteers
Alliance for Children	\$15,000	6 volunteers
Community Hospice of Texas	\$15,000	8 volunteers
SafeHaven	\$15,000	8 volunteers
Hope Kids	\$10,000	6 volunteers
North Texas Healthy Communities	\$10,000	6 volunteers

## **PR&D Project Summary**

Agency: **Camp Fire First Texas (aka Camp Fire)**

Project: **Diamond Hill Kitchen Renovation & Healthy Living Program**

Camp Fire operates a year- round, out-of-school program at Diamond Hill Station where 300-400 students participate in structured activities. The program engages students in sharing educational and physical activities with peers, and develops positive relationships built on mutual interests. The Diamond Hill program allows parents to go to work because their child is in a safe, nurturing environment when school is out. Diamond Hill Station is in a low-income neighborhood of working poor families. The current kitchen is in an extremely poor state. Along with the kitchen remodel, Camp Fire is hoping to plant a garden where children can learn how to plant, maintain, harvest and then cook the produce. They also have many lesson plans centered on health and nutrition and using plants from the garden to conduct science activities and create art.

Type of Placement: Year Round. (Most activities are from 3-6 p.m. and Saturdays 9 a.m.- noon.)

Volunteers: 10

Investment Details: \$100,000

Funding will renovate the current Diamond Hill Station Kitchen. During the school year, Diamond Hill serves nutritious snacks when the children arrive from school and during school breaks they serve breakfast, lunch and an afternoon snack. Currently, the kitchen is in dire need of repair. The renovation includes: painting, new floors, new ceiling, replacing exterior door, new range/oven and commercial grade microwave, new cabinets, upgrade electrical, and replace existing sinks and plumbing. The new kitchen will be safe to allow for the kids to use for cooking demonstrations to go along with the healthy living and garden portion of the project. A portion of the money will also go to create the garden.

Volunteer Details:

The JLFW volunteers have been asked to help plant a garden with the children. As the garden grows Junior League Volunteers would help with maintenance and harvest of the garden, as well as discussing nutrition.

Number of Years: 1

JLFW Areas of Impact Addressed: Education, health and nutrition

JLFW Membership Preferences Addressed: Flexibility (evening and weekend hours), direct contact with children, and making a community impact

## **PR&D Project Summary**

Agency: **Rivertree Academy**

Project: **Nutrition Program at Rivertree**

Type of Placement: Year-round. Flexible.

Volunteers : 12

Investment Details : \$50,000

Funding will assist Rivertree Academy in providing healthy, nutritious meals and snacks for their students. This need became apparent this summer when they saw the students improve in tutoring when they had a healthy snack prior to the lesson. The staff saw an increase in their focus, attention to the task at hand and diligence in the work improved. Currently, Rivertree provides three meals per day: breakfast, lunch and an afternoon meal before students are dismissed. The government programs are not satisfying to the children who come to school famished. The lack of fresh fruits and vegetables that qualify for those programs is also a disappointing contradiction to Rivertree's dedication to serving fresh, wholesome foods. With this partnership between Junior League and Rivertree they hope to create a nutrition program where both students, parents and the Como Community can learn about healthier choices.

### Volunteer Details:

THE JLFW volunteers who serve Rivertree can participate in many ways. The program is open for JLFW volunteers to make their own, with guidance and boundaries set by the staff. Volunteers are requested year round. During the school year they can plan enrichment events and notify Rivertree of supplies to be purchased and help with enrichment events held on Saturdays from 9am-1pm. They also want volunteers to plan Service Saturdays. Volunteers can choose the activity to participate in and plan activities for the day. JLFW volunteers also have the option to mentor kids during the week at lunch (11:30-12:30) or after school (4:00-5:30pm).

Number of Years: 1

JLFW Areas of Impact Addressed: Education, health and nutrition

JLFW Membership Preferences Addressed: Flexibility, school, afternoon or weekend hours, making a community impact, Interaction with Other JLFW Members, Opportunity for Leadership, Event Planning and Organization, and Working in Education

## **PR&D Project Summary**

Agency: **Fort Worth Drowning Prevention**

Project: **Safe Swim Program**

Type of Placement: May through August weeknights from 6-8pm. Flexible.

Volunteers: 16

Investment Details: \$30,000

The mission of the Fort Worth Drowning Prevention Center (FWDPC) is to prevent drowning in Fort Worth by educating the community about water safety and equipping non-swimmers with life-saving skills. They are filling a much needed gap in Fort Worth by providing these services regardless of ability to pay. Each person pays only \$5.00. In addition to the JLFW, FWDPC partners with Fort Worth Fire Department, City of Fort Worth and the YMCA of Fort Worth.

Over the past year FWDPC developed a beta-test program specifically for the Como neighborhood – reaching 100 Como residents in the Downtown Y pool. It was a success in part due to the attention given to cultural awareness – 18 community leaders went through the program to learn to swim and then to act as ambassadors in their community centers and churches to spread the word.

This Project will continue this neighborhood emphasis and expand their concentrated effort to the north side of Fort Worth in the summers of 2017 and 2018 while maintaining their existing programming. Funds will support program expenses including volunteer training, volunteer appreciation, volunteer continuing education, participant incentives, instruction materials & tools, insurance and parent/caregiver educational materials. Specific examples of these include Spanish translation/translators; Lifeguards; Instructional tools and equipment (swimsuits/trunks/goggles/caps); and XL and XXL life vests.

Volunteer Details:

This Project will provide 16 Volunteers each year for the next two years. Volunteers will serve in two areas: as Water Buddies and with Registration. Water Buddy Volunteers will greet students and maintain class organization on deck and in the water; teach comfort in the water and self-rescue skills; and communicate with parents/caregivers the skills achieved and how to reinforce program goals at home. Training will be provided via online videos and on-deck prior to program days. Registration Volunteers will manage the on-deck registration process, student check-in/out and distribution of color-coded wrist bands; maintain comprehensive and accurate records of all participants including in/out signatures; and may be called upon to buddy with on-deck personnel to accompany children to bathroom breaks. Training will be provided on-deck prior to sessions.

Number of Years: 2

Areas of Impact Addressed: Education and Health & Nutrition

Membership Preferences Addressed: Flexibility, evening hours, immediate impact and connection with community.

## **PR&D Project Summary**

Agency: **Daniel Migael Foundation**

Project: **Eye Tech Academy**

Eye Tech Academy is a program designed to introduce teenagers (aged 14-17) and residents (sheltered homeless) of the Union Gospel Mission to the field of Optical Services. The six-week program is designed with classroom modules and hands-on training. The objective is to work with high school counselors and case managers to identify those individuals with borderlines academic performance or current unemployment status and expose them to a career option that may inspire them to succeed without compounding their struggles.

Type of Placement: Day (tentatively Tuesday) and Saturday volunteer opportunities

Volunteers: 6

Investment Details: \$25,000

Funds cover additional optical equipment for hands-on curriculum for the students to ensure they have optimal time and experience without waiting for their turn on the equipment.

Volunteer Details: JLFW volunteers would be responsible for assisting with the students during the scheduled class times; tutoring students with the daily material as well as motivating and encouraging students. They can also assist in teaching the non-optical modules that are designed to teach communication skills, professionalism with peers and supervisors as well as completing employment applications and mock interviews. They are also encouraged to participate with the students in the community service module; attending a community clinic in the Fort Worth area and assisting students in utilizing their learned skills from all of the modules with actual patients in a real-world environment.

Number of years: 1

Areas of Impact Addressed: Job Training, Education and Health

Membership Preferences Addressed: Flexibility, making a community impact, working in social services, interesting/different opportunity (where else could you learn how to grind glasses and see the results of someone getting glasses and being able to see clearly for the first time?)

## **PR&D Project Summary**

Agency: **Presbyterian Night Shelter**

Project: **Women and Children's Warm the House Ongoing Support and Life Training Skills**

Type of Placement: Flexible. Evening hours.

Volunteers: 8

Investment Details: \$25,000

The Presbyterian Night Shelter's Women and Children's Center provides its clients with services empathizing crisis alleviation, self-empowerment, nutritional and behavioral health, parenting skills, early childhood intervention, vocational training and job readiness curriculum. In 2016-2017 JLFW funded \$100,000 towards this new building.

This Project will provide "house-warming" items for the 40 private rooms within the Center that turn over 3-5 times a year. For each new family, PNS provides new soft furnishings which include sheets, blankets, comforters, pillows, alarm clocks, bed rails, storage tubs, strollers, pack-n-plays, bath items including towels, laundry supplies and hangers. The approximate cost to furnish each room is \$500 and the clients take these items with them when they transition to permanent housing. They have found that by providing new, colorful furnishings in these rooms it is changing the demeanor of the Center and making it a happier place for these clients to be. Funds will be used to purchase these items and Volunteers may be able to help with some of that buying process, but they typically try to buy in bulk for greater savings.

### Volunteer Details:

The Volunteers will spend the majority of their time in the Center leading weekly sessions of 1.5 hours offering a variety of basic life skills classes. This will be a collaborative program with the Volunteers utilizing their collection of talents to offer meaningful sessions to teach mothers to empower themselves and to be prepared to return to self-sufficient lives. Some examples of these sessions could be how to help with your child's homework assignments, cooking healthy meals and financial planning/budgeting for a household.

Number of years: 1

Areas of Impact Addressed: Access to Social Services (as well as touching Education, Job Training and Health & Nutrition)

Membership Preferences Addressed: Flexibility, Making a community impact and opportunity for leadership.

## **PR&D Project Summary**

Agency: **Union Gospel Mission**

Project: **Children's Enrichment Program**

This program was established in 2008 and currently consists of

- After-school tutoring (two hours, four days a week)
- Art therapy classes offered by an organization that provides licensed mental health professional to conduct therapy through the creative perspective of art
- Science projects provided by the FW Museum of Science and History to strengthen academics.
- Nutritional education for latchkey kids
- Bible studies during the Good News Club

Children entering UGM are usually 1-2 grade levels behind. With additional tutoring, UGM is able to bring the child up to grade level and sometimes beyond. Recently, UGM has seen a greater need to focus on the development, growth and traumatic effects that homelessness has on young children. UGM is constantly expanding the Children's Enrichment Program to encompass programs that will provide each child with a well-rounded skill set to equip them for life after the Mission.

Type of Placement: Year-round, flexible

Volunteers: 8

Investment Details: \$25,000

Funds cover necessary materials for program activities, additional Odyssey learning software for the new computer lab available to children in the Scott Walker Building, school and art supplies. The funds will also help cover transportation expenses of the new bus that JL funds provided for the 2016-2017 project year. Funding agreement to stipulate no funds to staff salaries and that JLFW unable to fund \$5,000 budget line for staff salary.

Volunteer Details: JLFW volunteers will provide tutoring services. During tutoring children are helped one-on-one or in a small group for homework help, studying and extra attention for any subjects they may be struggling with.

Number of years: 1

Areas of Impact Addressed: Education

Membership Preferences Addressed: Flexibility, making a community impact, working in social services

## **PR&D Project Summary**

Agency: **ACH Child & Family Services**

Project: **Wellness Program Expansion to Wedgwood**

ACH Child and Family Services' Emergency Youth Shelter is the only emergency shelter for youth in Tarrant County. The agency is in the process of relocating their facilities to a more relaxed and home-like setting, and The Junior League of Fort Worth, Inc. has the unique opportunity to partner with ACH in bringing the "Wellness Program for Shelter Youth" currently implemented at the Emergency Shelter to the Wedgwood Residential Campus.

The JLFW Wellness Program includes planned ways to interact with youth from informational classes and activities focusing on nutrition, exercise, job-skills and other skill-building areas. ACH will work in partnership with JLFW leadership to develop specific programs that compliment interests and expertise of JLFW volunteers.

Type of Placement: Year-round, flexible

Volunteers: 8

Investment Details: \$20,000

Funds cover the expansion of the Wellness Program JL is currently assisting with in the Youth Emergency Shelter to the Wedgwood Residential Campus, as well as provide materials needed for the classes, volunteer screenings and two community gardens.

Volunteer Details:

JLFW volunteers will partner with ACH staff to bring the Wellness Program created at our Emergency Shelter to the Wedgwood Residential Campus. This program is open for JLFW volunteers to make their own, with guidance and boundaries set by the staff. The class topics will rotate among nutrition, job skills, exercise, stress relief, team building, cooking demonstrations with an emphasis on cooking and exercise.

Number of years: 1

Areas of Impact Addressed: Education, Job Training, Health & Nutrition

Membership Preferences Addressed: Flexibility, evening hours, making a community impact, working in social services

## **PR&D Project Summary**

Agency: **Boys & Girls Club of Fort Worth**

Project: **Music & Youth Initiative**

Type of Placement: Year-round, flexible.

Volunteers: 6

Investment Details: \$20,000

In 2016-2017 JLFW funded \$50,000 towards the capital needs campaign for the Music & Youth Clubhouse at their Eastside Branch (which is in the Stop 6 neighborhood of Fort Worth). The Clubhouse construction will be completed by December 2016, with a grand opening in February/March of 2017.

This Project is a “next-step” and will complete that Project by providing all the musical equipment needed for the Music & Youth programming to be fully operational and sustainable. Acquiring more instruments and equipment will allow them to serve more children. Specific examples of equipment include keyboards, acoustic guitars, drums, electric guitars, bass guitars, microphones, mixing equipment and speakers.

### Volunteer Details:

It is important to note that music is merely a vehicle for what is at heart a youth development program servicing at-risk youth between the ages of 10-18. It teaches them the challenges of discipline, reasoning and problem-solving that are all inherent in music as well as exposing them to a world outside of their own – all while keeping them off the streets. While the students are engaging in music lessons, this is not the sole purpose of the Clubhouse. These students are craving one on one time and attention from mentors; therefore it is not necessary for Volunteers to be musically inclined. Staff members are highly trained and musically talented individuals. Volunteers will have a brief training on the curriculum used, and the processes in place with the Clubhouse, but they will not be trained on music teaching methods. Their role will be to provide individualized attention to the students, help them prepare for upcoming performances, assist in organizing performances and provide feedback and encouragement when necessary.

Number of years: 1

Areas of Impact Addressed: Arts Programs

Membership Preferences Addressed: Flexibility, immediate impact.

## **PR&D Project Summary**

Agency: **Catholic Charities**

Project: **Supportive Events for International Foster Care**

Type of Placement: Year-round, flexible, evenings.

Volunteers: 6

Investment Details: \$20,000

Catholic Charities International Foster Care Program (IFC) serves two categories of youth: Unaccompanied Refugee Minors (URM) and Unaccompanied Alien Children (UAC). They are one of only two organizations in the state of Texas meeting these needs and one of twenty in the United States. Through IFC these youth are resettled in the US via foster care families and offered case management services. The IFC provides a safe, nurturing, culturally-sensitive environment that will equip and empower them to integrate successfully in to their new local community here in Fort Worth and to reach their full potential. The larger hope is that some of them return to their homelands someday to affect positive changes there.

This Project will assist the IFC program by planning and executing supportive events each month for foster parents and children.

Volunteer Details:

The funds will help cover costs of these events. Events included will be monthly foster parent meetings, a back to school bash, life skills camp, holiday parties and financial preparation. The year will conclude with an appreciation event for the foster parents in May. Most of these minors are teenagers, but are learning at a lower level. Volunteers will serve as role models and mentors to help them learn and to help them build a peer support network within their ranks.

Catholic Charities will provide interpreters at all events and does not foresee issues with language barriers.

Number of years: 1

Areas of Impact Addressed: Access to Social Services (as well as Education, Access to Arts Programs, Job Training and Health & Nutrition)

Membership Preferences Addressed: Flexibility, community impact addressing pressing need.

## **PR&D Project Summary**

Agency: **The Ladder Alliance**

Project: **Success Store**

The Ladder Alliance provides tools for female victims of domestic violence and low-income women to help them become self-sufficient, successful and independent by teaching three sets of classes; basic computer skills, professional office skills and GED. Students attending class at The Ladder Alliance “earn” the ability to shop in the onsite clothing store called the Success Store. Clothing donations for the Success Store are received on a regular basis from supporters as well as JC Penney. JC Penney’s donations are mostly sample, smaller sizes so there are times that the store does not have the right size to fit students needing these clothes.

Type of Placement: Year-round, flexible

Volunteers: 6

Investment Details: \$15,000

Funds cover the purchase of reasonably priced larger sized clothing items for the Success Store as well as reworking the dressing room to allow for two separate private dressing areas.

Volunteer Details:

Volunteers would man the Success Store (2-4 and 5-6:30 on Wednesdays and Thursdays), helping students put outfits together as well as work as a “cashier” to count the number of items purchased and ensure the student has enough credits for the purchase. Additional duties include helping sort and hang donations received during business hours (8:30-7:30 M-Th, 8:30-4 F) and purchasing and delivering clothing in needed sizes following monthly evaluation of needs. Delivery would need to be done between 8:30-6:30 M-Th.

Number of years: 1

Areas of Impact Addressed: Education, Job Training

Membership Preferences Addressed: Flexibility, making a community impact, working in social services, shopping

## **PR&D Project Summary**

Agency: **Alliance for Children**

Project: **Assistance for Child Victims, Siblings and Protective Caregivers**

Type of Placement: Year-round, flexible.

Volunteers: 6

Investment Details: \$15,000

Alliance for Children serves Tarrant County children suspected to be victims of sexual abuse, severe physical abuse or neglect, or witnesses to violent crimes. As part of their services, they offer group counseling for victims and their protective caregivers.

This Project has multiple funding components: 1. Supporting their emergency client support program which provides items to families who don't have the financial resources to appropriately care for their children (examples include cribs and car seats), 2. Providing some basic needs for families if the abuser is a caregiver and has to be removed and was financially supporting the family (examples include groceries, rent, water and/or electricity bills), 3. Providing appropriate items for family members who may need to care for a victim due to safety concerns (examples include bed or clothing), 4. Replacing possessions law enforcement may remove as part of an investigation or because it is a traumatic trigger (example includes bed, mattress and bedding) and 5. Providing a means for travel to the Centers for counseling sessions (examples include gas cards and bus tickets).

### Volunteer Details:

Volunteers will fill the role of sibling group facilitators every Tuesday evening from 5:30 pm – 7:00 pm – leading activities and interacting with these children while their siblings and parents/caregivers attend group counseling sessions. This will include a range of things from rocking an infant to leading games and art projects – but most important is developing a relationship and providing a sense of normalcy with the children. (Children usually participate in sibling groups for 16 weeks.) Volunteers will assist with set-up prior to and clean up following group sessions.

Number of years: 1

Areas of Impact Addressed: Access to Social Services

Membership Preferences Addressed: Flexibility, working in social services and addressing pressing need in community.

## **PR&D Project Summary**

Agency: **Community Hospice of Texas**

Project: **Hospice House Downtown Children's Area**

Community Hospice of Texas, the largest not-for-profit hospice in Texas and the largest not-for-profit hospice serving pediatric hospice patients in the DFW Area. The Hospice House Downtown inpatient unit, located on the 4<sup>th</sup> floor of the James L. West Alzheimer's Center, opened in spring of 2003 and has served hundreds of patients and their families. This hospice house serves patients from children to adults and many have been uninsured needing a place to spend their final days. Junior League would paint the children's room, purchase toys and kid-friendly furniture to have a place for children to wait and play while visiting or staying with a loved one. Many families who utilize this special place will stay with their loved one 24 hours a day and the children's area provides a space for the patients' children to play during this difficult time. This room is also used by the Child Life Specialist to provide grief support, therapeutic and recreational activities to help children explore their grief and learn ways to constructively cope with grief. A huge increase in use is being shown in the facilities and the children's area is in need of a refresher.

Type of Placement: Year-round, flexible (evening/weekend)

Volunteers: 8

Investment Details: \$15,000

Funds cover the remodel of the children's playroom.

Volunteer Details: JLFW volunteers will put together activity bags so that kids have something to play with when staff is not available and also clean and maintain children's playroom. There are also office opportunities for things like putting curriculum packets together. Volunteers also could give their time to assisting child life specialist/therapist with plaster casting projects with pediatric patients. If interested, a JLFW volunteer could volunteer as a Patient Care Volunteer (though not expected). This position requires 15-20 hours of training.

Number of years: 1

Areas of Impact Addressed: Access to Social Services

Membership Preferences Addressed: Flexibility, making a community impact

## **PR&D Summary**

Agency: **Safe Haven of Tarrant County**

Project: **Adventure Camp**

Type of Placement: Summer Intensive or Year Round Component

Volunteers: 8

Investment Details: \$15,000

Safe Haven is a shelter for women and children escaping domestic violence. During the summer there is an increase in need for activities for the children to do. Adventure Camp will serve 150 children ages 6-18. The money will be used to support field trips and other summer activities outside the normal budget.

### Volunteer Details:

The JLFW volunteers can serve in the Adventure Camp or in the Evening Recreation component. The Adventure Camp chaperones can work with Safe Haven to help plan and implement the field trips and activities. Volunteers are asked to commit to a 4-6 hour daytime shift two times a week during the summer. The Evening Recreation volunteers will lead recreational activities such as games, art projects and crafts while mothers attend support groups. Volunteers are asked to commit to one evening per week (Monday-Friday 6:30 pm-8: 30 pm).

Number of Years: 1

JLFW Areas of Impact Addressed: Access to Social Services

JLFW Membership Preferences Addressed: Direct interaction with children and has both a concentrated of drawn out opportunity.

## **PR&D Summary**

Agency: **HopeKids North Texas**

Project: **Hope Day Events Expansion**

Type of Placement: Year Round

Volunteers: 6

Investment Details: \$10,000

HopeKids mission is to provide ongoing events, activities, and a support community for families with children who have a life threatening medical condition. They want families to be surrounded with the message that hope can be a powerful medicine. Currently, they are serving 426 families throughout the Metroplex. They have started expanding to Tarrant County and need events to serve these families.

### Volunteer Details:

The JLFW volunteers will plan and implement three to five new events for families in Tarrant County to enjoy. Examples include: Mother's Day event, Father's Day event, Family Picnic, Fall Festival Event and Christmas Party.

Number of Years: 1

JLFW Areas of Impact Addressed: Children and Families

JLFW Membership Preferences Addressed: Direct interaction with children and families. There is the opportunity for leadership and event planning. Flexible- all planning can be done around volunteers own schedule.

## **PR&D Summary**

Agency: **North Texas Healthy Communities**

Project: **Blue Zone Project Fort Worth**

Type of Placement: Year-round. Flexible.

Volunteers: 6

Investment Details: \$10,000

Blue Zone Project is a community initiative designed to foster and support individual and community health and well-being through permanent changes to the environment, policy and social networks. Fort Worth is the largest city to undertake the Blue Zone Project and the goal is to bring real and tangible choices to people's lives by making the healthy choice the easy choice. Blue Zone Project Fort Worth is a 41 million dollar project that began in January of 2015 and will be completed in 2018. The funding provided by the JLFW will go to support the Cooking Demonstrations and Purpose Workshops.

### Volunteer Details:

The JLFW volunteers will be participating as Blue Zone Project Engagement Liaisons. These volunteers are needed at the Cooking Demonstrations where they prepare and transport support materials and demonstration equipment. They will also be trained to give a ten minute Blue Zone Project Overview to the audience and introduce the chef. They will be there to assist with passing samples, clean up and return of materials to the office. Engagement Liaisons are also needed at the Purpose Workshops. Here volunteers will prepare packets, journals, participant guides and purpose deck cards. The materials will need transport to the location and the meeting space will need to be set up. On site JLFW volunteers will manage the registration table and ensure the attendee list is returned to the Blue Zone Project Team.

Number of Years: 1

JLFW Areas of Impact Addressed: Education, health and nutrition

JLFW Membership Preferences Addressed: Flexibility (There are 14 cooking demonstrations and Purpose Workshops across Fort Worth monthly. Hours can be done day or evening year round).