



# **Trinity Valley School**

Fostering global citizenship through creativity and community!

Lower School Open House January 19 at 11:30 a.m.

5th & 6th Grade Open House Upper School Open House January 28 at 12:00 p.m.

February 2 at 12:30 p.m.



PHOTO PROVIDED BY GITTINGS

#### Mission

The Junior League of Fort Worth, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

#### Vision

The Junior League of Fort Worth, Inc. will strive to improve our community by directing our resources to positively impact the well-being of children and families by providing a legacy of trained volunteers.

### Our Commitment to Diversity and Inclusion

The Junior League welcomes all women who value our Mission. We are committed to inclusive environments of diverse individuals, organizations and communities.

### President's Perspective

Junior League has so much to be thankful for as we begin 2022.

Christmas in Cowtown was generously supported by our Members and our community. Thank you to the entire *Christmas in Cowtown* Committee, who poured themselves into ensuring another successful year.

In November, Active and Provisional Members spread across Fort Worth to volunteer more than 450 hours through our annual Day of Giving. Our Members assisted agencies with everything from landscaping, special event preparations, organizing and refreshing storage areas and painting. We often hear JLFW Members complete more in three hours than others could complete in a full day!

This January we'll host the best party in town, *Grand Entry Gala*, to kick off the Fort Worth Stock Show & Rodeo season and sell programs at the Rodeo. Put on your boots and join us at Fort Worth's most legendary event.

You can discover all the other community partners and Members we have to be thankful for throughout this magazine. But most of all, I am thankful to our Members for sacrificing your free-time to selflessly give to JLFW and our community. The impact we make together is extraordinary!

With deep gratitude,

Elizabeth Knuckley Junior League of Fort Worth President, 2021-2022



#### VOL. 29. ISSUE 2 WINTER 2022

### theLariat

The Lariat is published three times a year by The Junior League of Fort Worth, Inc. To advertise, call the League office at 817.332.7500.

> **Editor** Liz Confiliano

Writers Rémy Brown Jenna Conan Simpson Madeline Hunt Abbie Norkett



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ON THE COVER: Little Leaguers allows children of JLFW members to get involved in voluntarism and the League. Read more on p. 4.

### theLariat

#### Contributors



Jenna Conan Simpson 2021-2022 Writer



Madeline Hunt 2021-2022 Writer



Abbie Norkett 2021-2022 Writer



Christina Bargas
Contributing Photographer

## Snapshots

























# Little Leaguers

By Jenna Conan Simpson

ITTLE LEAGUERS is a new program to the Junior League of Fort Worth (JLFW) that allows children to get involved with voluntarism and the League. The idea for Little Leaguers came from JLFW President Elizabeth Knuckley, who heard about similar programs at other Junior Leagues and decided to begin the initiative during her Presidency year. The program is open to children of all ages and is open to all members, including Provisionals and Sustainers. In addition to members' own children or grandchildren, nieces and nephews, and neighbors are welcome to participate. Little Leaguer activities are designed to appeal to children of all ages.

"The Little Leaguers program is a fun way for our members to share with their littles what our League does and how we serve our community," said Christina Bargas, Little Leaguers Co-Chair. "Attending our events is a great opportunity for our members to bond with their children, while giving back

to our partner agencies. How amazing it is to show our servant hearts by sharing who we are with the next generation!"

The program is comprised of three components: donations - which will be collected prior to the events, service, children will have the opportunity to participate during each event, and education - children will learn about the agency partner and the work they do in the community. In 2021, Little Leaguers have already served The Welman Project, the JLFW Diaper Bank, the Ronald McDonald House, and Meals on Wheels.

"Our Little Leaguers have donated almost 4,500 diapers, made 100 reusable bags and filled them with supplies for new teachers, tied 30 fleece blankets, filled the pantry and made holiday ornaments for Ronald McDonald House and collected toys for Community Storehouse's "Christmas House," said Bargas.

#### Get your little and join Little Leaguers for three events this spring:

#### Snack and Gift Bags for Unbound

January 17, 10 a.m. at JLFW Headquarters Collecting girls and women's size fuzzy socks

#### Park and Trash Clean-up

April 2, 9 a.m. - 11 a.m. at Trinity Park Area

#### **Disney's Descendants**

April 30, 1 p.m. at Casa Mañana Tickets go on sale in the spring!

Register for Little Leaguers events through Digital Cheetah.





#### **MISSION STATEMENT:**

Our goal is to share the Junior League of Fort Worth's commitment to voluntarism and community improvement by offering events that allow members' children to volunteer alongside our members. Teaching children to volunteer helps them develop important skills and sets them up for success for the rest of their lives. Our purpose is to improve children's social skills, give children a sense of community, teach children the power of gratitude and empathy, and allow parents and children to bond while giving back to our community.



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## Ronald McDonald House of Fort Worth

By Abbie Norkett

CONALD MCDONALD HOUSE of Fort Worth (RMHFW) has a long tradition of supporting families while their children receive medical care at nearby hospitals. The support RMHFW provides families encompasses a wide range of services, including lodging and meals for those staying at the House, support services and a family room directly in the hospital, day programs, and hospitality carts located within easy reach at the hospital. And as RMHFW celebrated its 40th anniversary in 2021, it is evident how dedicated they are to serving the families of children receiving medical care in the area for long periods of time.

The Junior League of Fort Worth (JLFW) has committed to supporting RMHFW, and by extension the families that benefit from its services, in a variety of ways. The League provides volunteers for both the hospital services and the House services through placements. Within the House, League volunteers help staff the front desk, assist with administrative tasks, as well as assist the residents when possible. Additionally, the League provides volunteers to assist in the Family Room, located near the pediatric intensive care unit at Cook

"Volunteers are critical to our mission, and we rely upon committed **JLFW** volunteers who work right alongside our paid team members at the **House, Family Room** or events."

> — Beth Lamb **Chief Impact Officer** Ronald McDonald House **Fort Worth**

Children's Medical Center. This space offers parents and family members a place to rest and recharge while staying close by to their child.

The League has had the opportunity to support RMHFW in more unique ways in recent months. In September, League members volunteered at the Clay Shoot in a Done in a Day format. And, Provisional members of the League did their service project with RMHFW at their 40th anniversary event in October. Even the Little Leaguers joined in on the fun. In November, they helped with a drive to replenish supplies needed at the House and in December, they helped with a Christmas Project.

"Volunteers are critical to our mission, and we rely upon committed JLFW volunteers who work right alongside our paid team members at the House, Family Room or events," said Beth Lamb, Chief Impact Officer for Ronald McDonald House of Fort Worth. "The combined efforts help us provide a supportive, home-like community for families who desperately need our services. We are grateful for the continued support provided by JLFW, year-after-year."

Ronald McDonald House of Fort Worth does so much to serve the families in need of their services and the JLFW is fortunate to be able to support all the work that they do in the community.









A fun Epicurean event of eating, drinking, and being thankful as we enjoyed holiday appetizers made by Chef Manny Vazquez at Mary Katherine Anderson's home

## Sustainer Scene

By Liz Confiliano

BEING A SUSTAINER has great benefits – including the chance to participate in any of the Sustainer Special Interest Activities (SIAs). This year many of these activities, from the Sustainer Birthday Club to Sustainer Lite (30s and 40s women) to the Epicurean Adventurers to the Volunteer Pool, and more, are open to all.

"Whew!! We're busy," said Peggy Sims, Sustainer Chair. "We have had a number of activities since September - our Fall social kicked off the year at DeLucca's with happy hour for over 100 ladies!"

With more than 1,100 Sustainers in Junior League of Fort Worth (JLFW), there's something for everyone! Check out this list of just a few select activities available for our Sustainers:

Mah Jong Play Days began in September at JLFW Headquarters. Games are played once a week, alternating day and evening. Play Days are for all levels of players but pre-registration is required. Bring a set (if you have one), a 2021 card and some quarters for fun and fellowship.

Birthday Club - Celebrating birthdays for January, February, March, the next event will be held on February 8, 2022 at Colonial Country Club in the Terrace Room. If you missed your celebration, join in with the January, February and March birthday



gals for a dutch-treat lunch and complimentary birthday dessert. All Sustainers are welcome!

**Epicurean Adventures** – Attention Foodies! This is the group for you. Throughout the year Epicurean cooking events will be offered.

Sustainer Day Book Club - Meets the 2nd Monday of each month (except June, July, August) at the JLFW headquarters at 11:30 a.m. in the Conference Room.

Sustainer Literary Society - The longest running special interest group. It meets the 4th Monday of each month at various locations. Normally 6-8 p.m. at the JLFW HQ, unless otherwise noted.

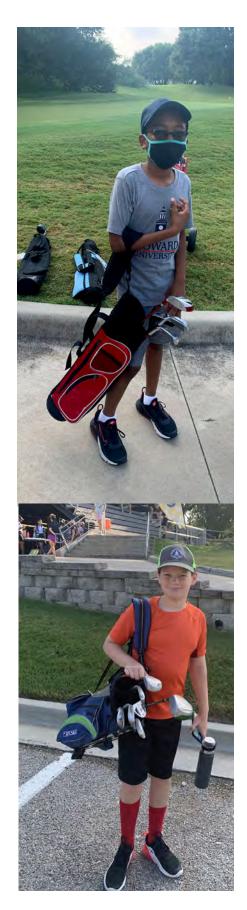
**Sustainer Lite** – For Sustainers in their 30's-40's. This group holds an assortment of events and gatherings. A casual "lite" group of friends getting together, having fun!

**Sunshine Special** – Do you like to sing? Do you have musical talent that you would like to share? The "Sunshine Special" sings Broadway music on Tuesday afternoons for retirement homes. Musical/choral music experience and some ability to read music is important, and space is limited.

Tarrant Area Food Bank (TAFB) -Volunteers meet every second Thursday of the month, 9 a.m. - 12 p.m. at the TAFB. Please note, due to COVID policies, there are certain criteria volunteers must meet before they can work a shift.

Sustainer Volunteer Pool is a group of Sustainers willing to come in and lend an extra hand at the JLFW office for large projects. If you like hanging around the office every once in a while, then roll up your sleeves and join this group!

If you have questions, suggestions or ideas, contact Sustainer Chair Peggy Sims.



### Supporting Youth is Par for the Course:

## First Tee

By Rémy Brown

UNIOR LEAGUE of Fort Worth (JLFW) supporting our community's youth is par for the course and the partnership with First Tee is no exception. A nonprofit organization, First Tee focuses on youth development through the game of golf. Since 2004, First Tee has worked to build the character of children in the Fort Worth community through golf lessons, camps and tournaments.

First Tee's mission is to impact the lives of the community's youth by instilling life enhancing values in participants, encouraging leadership, building character, fostering community service and promoting wellness. Golf is simply the platform used to demonstrate to participants the life skills needed to live an exceptional life. These skills include, making proper introductions, managing emotions, resolving conflicts, setting up step-by-step goals, planning for the future and appreciating diversity.

The life skills taught during the First Tee program are done so using their Code of Conduct, Nine Core Values and Nine Health Habits. The Code of Conduct centers around respect for oneself, others

and one's surroundings. The Nine Core Values outline characteristics that participants aim to exhibit in both golf and in life. These values include honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy and judgement. The Nine Health Habits aim to establish and encourage a life-long healthy and active lifestyle by focusing on physical, emotional and social health.

Local support is vital to the organization's success and the JLFW is proud to play a part.

"First Tee relies heavily on volunteers to fulfill their mission," stated First Tee Team Leader, Jennifer Mollenshott.

Volunteers from the league participate in a variety of ways.

"Some volunteers host camps, lessons or tournaments while ensuring the children's safety; while others assist in staffing the front desk at their various locations," said Mollenshott. "The level of involvement League volunteers experience through their placement with First Tee perfectly aligns with JLFW's overall mission to promote volunteerism."

#### FIRST TEE NINE CORE VALUES:

Honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy and judgement





# Another Brick in the Wall

HANK YOU to the following women who participated in the 90th Anniversary Terrace Project. Members purchased bricks to enhance the outdoor terrace at headquarters as a way to celebrate nine full decades of service to Fort Worth and Tarrant County.

Tori Adams Katie Adams Amy Akanni Cheryl Alexander Charity Aughinbaugh Sarah Ayala Judie B Greenman Kaydee Bailey Teresa Baker Anne Bass Allyson Baumeister Meredeth Belew Lynsey Blair Berry Bogel Morton Lindy Borchardt Debby Brown Connie Brown Anjie Butler Kelly C Hanley Michaela Chicotsky Katherine Ciccarino Jenny Crabtree Katherine Curtis Keri Cyr Alli D'Acosta Kim Darden Ashley Davis Alicia Dean Gretchen Denny Glenda Diaz Courtney Dickerson Susan Doyle J.K. Doyle Julia Dudley Allison Amy E. Ott Kamilah Edwards

**Becky Escott** Anne Fergu Lisa Ferrand Liz Fleischer Charles Florsheim Laura Foran Leslie Ford Ashley Freer Beth Gideon Pamela Gilchrist Kathe Goodwin Brooke Green Robin Greenhaw Richard Greenman Cara Hardin Lauren Harwell Robert Havran Mindy Hegi Victoria Herman Courtney Hill Pat Hodges Jennifer Hurd Alexis Jenkins Jennifer Johnson Oliva Kearney Patty Kenyon Elizabeth Knuckley Erika L Mccarthy Gail Landreth Lauri Lawrence Martha Leonard Cindy Level Mary Lou Hilliard Appleman Louise Christina M Bargas Natalie Martin

Nan Matson Susan Medina Jenny Michero Natalie Moore Susan Morris Cameron Newberry Amanda Osburn Paige Pate Savannah Petronis Erica Pifer Jacqueline Piland Nancy Pine Rachael Quisenberry **Emily Radler** Maura Rattikin Gail Rawl Caroline Reynolds Kay Rice Evelyn Richardson Jean Roach Amber Robertson Nedra Robinson Christina Rodgers **Destiny Row** Eva S. Williams Alann Sampson Mk Scherer Patricia Schutts Brooke Scogin Bunny Shackelford Bridget Shelton Lynda Shropshire Rebecca Simmons Shelley Simon Peggy Sims Pamela Smith

Jennifer Snyder **Emily Strong** Judy Strong Lizzy Sutton Jane Sykes Melissa Taylor

Leo Taylor Jerry Taylor Mairin Terry Jerre Tracy Hope Vastine Shoultz Meridith Wallace

Brianna Washechek Layne Wharton Julie Williams Martha Williams Suzy Williams

Do you know someone who wants to better our **COMMUNITY**, create FRIENDSHIPS and promote WOMEN?







#### PROSPECTIVE MEMBER MEET AND GREET

**THURSDAY, JANUARY 20, 2022** 

12:00 PM and 6:00 PM

In-Person Event at JLFW Headquarters 255 Bailey Avenue | Fort Worth | 76107

Virtual via Zoom Link will be emailed



# Back in the Saddle: It's

### Grand Entry Gala

By Madeline Hunt

Since 2013, the Grand Entry Gala has kicked off rodeo season in Cowtown. Hosted by the Junior League of Fort Worth (JLFW) in partnership with the Fort Worth Stock Show & Rodeo (FWSSR), the Gala is a festive, celebratory event on the iconic packed dirt floor of Will Rogers Coliseum.



This year, Grand Entry Gala was held on Saturday, January 8, 2022. Award-winning Country Music duo Maddie & Tae served as fantastic entertainment. "We would like to extend our gratitude to the 2022 GEG Honorary Chairs, Debbie and Albon Head for all they did to make the 2022 Grand Entry Gala a success," said Nicole Shelton, Grand Entry Gala Co-Chair. "Since its beginning just eight years ago, Grand Entry Gala has raised nearly \$1.5 million dollars to invest into the mission of the JLFW."



By Madeline Hunt

The partnership between the Junior League of Fort Worth and the Fort Worth Stock Show & Rodeo (FWSSR) has been going strong since 1957. Since then, you could see (and hear) JLFW volunteers yelling and selling the Rodeo Souvenir Annual, the official program for the World's Original Indoor Rodeo, in their iconic red boxes.



"In 2020, we said good-bye to our long-time home in the Will Rogers Coliseum and moved into the new Dickies Arena," said Margaret Hodges, Rodeo Program Sales Co-Chair. "Our continued success in 'yelling and selling' is made possible by all of our Junior League volunteers and prizegoers."

Sales of the Rodeo Souvenir Annual benefit not only FWSSR's scholarship fund, but also the JLFW. A dollar from each program sold goes back to support JLFW's mission.

Brad Barnes, president and general manager of the FWSSR, says JLFW has long played an important role in the Stock Show. "The Junior League of Fort Worth has a very well-respected reputation for their generosity and charity work within the community, and we are proud to play a small part in their good works," Barnes said.







### Fort Worth Stock Show & Rodeo Art Contest

By Jenna Conan Simpson

The Fort Worth Stock Show and Rodeo (FWSSR) art contest began over thirty years ago to showcase the work of young artists during the FWSSR. The contest is open to Texas students who are enrolled in a public, private or charter school in Kindergarten through twelfth grade. Art themes showcased in the contest include Texas landscapes, wildlife, livestock, agriculture and horticulture, ranching and farming activities, iconic Fort Worth scenes, FWSSR scenes, and people and animals working and playing in western environments. The media used may include colored drawings, mixed media,

monochromatic drawings, painting, or 3D or sculpture entries. The top six art pieces advance to the Stock Show Art Auction, where they are auctioned off at the Junior League of Fort Worth's (JLFW) Grand Entry Gala.

JLFW has been involved in the contest for ten years. Today, the contest offers young artists scholarship money and cash prizes, and even has a division for art classes that awards \$5,000 in supplies to an art teacher. JLFW supports the contest both financially and with volunteer hours. Some League members have gone on to serve on the Guns and Roses Committee, which is the official FWSSR art contest committee, and have been involved in the contest for almost ten years.

Amy Blancke, Fort Worth Stock Show Art Program Team Leader said the Art Show committee is proud of the tremendous impact the program has on children from all over Texas.



"I was so impressed to see how talented and creative these young artists are. The variety of art ranges from a classic western ranch scene to a horned frog with wranglers and a cowboy hat on!" said Blancke. "We are especially excited for the award ceremony where the kids get to celebrate their creations with the judges and their loved ones."

Each student and teacher who participates in the contest is given a pass to the Stock Show grounds and gets to see their artwork showcased in a world-class museum setting at the National Cowgirl Museum and Hall of Fame, the Fort Worth Museum of Science and History, or the Amon G. Carter Exhibits Hall. In 2020, a total of 1,614 entries were received and 154 schools across Texas were represented. A total of \$37,500 in scholarships and \$16,500 in cash prizes were awarded to the participants.





# Out of School Project: Con Mi MADRE

By Madeline Hunt

on Mi MADRE (Mothers And Daughters Raising Expectations) is a two-generation organization that empowers middle school Latinas and their mothers through education and support services that increase preparedness, participation and success in post-secondary education through outof-school programming and volunteer projects.



The drive behind the founding of Con Mi MADRE stemmed from a statistic that a Latina baby had less than a one percent chance of obtaining a college education. Con Mi MADRE began as a successful project of the Junior League of Austin in 1992, became an independent nonprofit in 2008 and expanded services to Fort Worth in 2018.

Junior League of Fort Worth (JLFW) volunteers support Con Mi MADRE staff and the out-of-school program by serving as Volunteer Project Coordinators securing and leading community service opportunities for the mothers and



#### **IMPACT**

More than 4,000 mother and daughters served since 1992

98% High School Graduation

**79%** College Enrollment Rate

93% College Retention Rate

daughters. These events include the Trinity Trash Bash and the Kindness Duck Community Event.

"Our group is honored to work with these motivated and high achieving students and their mothers," said Keri Cyr, JLFW's Con Mi MADRE Project Development Chair. "Their commitment to education and the community parallels the values of JLFW and we're excited to be part of the work initiated by our sister League, the Junior League of Austin."

Funding from JLFW and volunteers also support Con Mi MADRE's out-of-school program including educational conferences, college and career fairs, a leadership summit and college visits.





### All aBoard

By Abbie Norkett

ALL ABOARD is the Junior League of Fort Worth's (JLFW) yearlong leadership development program, designed in conjunction with the JLFW's mission of "developing the potential of women." The program is meant for women in the League that have a passion for serving and want to pursue leadership positions in the League and in the Fort Worth community.

Throughout the program, members will learn more about goal setting, public speaking, general leadership skills as well as governance, and advocacy and finance for nonprofits. Additionally, this year's cohort will participate in the BoardBuild training program, which trains emerging leaders to serve on nonprofit boards and helps pair board candidates with nonprofit organizations.

The cohort is split up into small groups. Each group has the advantage of being paired with a Sustainer that serves as a mentor to the small group. The Sustainer serves an important role in sharing learning and wisdom as well as continuing to build upon the investment that the League is making in its members as they go through the All aBoard program.



#### **CONGRATULATIONS** TO THIS YEAR'S COHORT MEMBERS

#### Led by co-chairs Lauren Team and **Corrine Quast:**

Amy Akanni Vivian Bailey Denise Barela Anna Chianese Leslie Wittenbraker Cox Ashley Hansen Holly Hinsey Savanna Holmen Laurimay Johnson Lynnette Kile Laura Kirspel Sierra Lykins Jacqueline Piland Tara Reed Jordan Stimpson Lynn Winter Taylor Woods

#### This year's All aBoard advisers are:

Courtney Kimberling Gail Landreth Kathy Johnson Caroline James Sandra Toumey Paige Pate Melanie Hanna Liz Fleischer Lauri Lawrence Jane Sykes Peggy Sims Alann Sampson Janeen Lamkin

# Crossing the Finish Line with Confidence

By Rémy Brown



he Junior League of Fort Worth (JLFW) is dedicated to developing the potential of women and recognizes doing so starts at a young age. JLFW supports Girls on the Run, a nonprofit organization whose mission is to empower young girls and help them grow into the confident women they will one day be.

Girls on the Run serves to create a world in which every young girl is aware of her limitless potential and is encouraged and supported in pursuing her dreams. This is achieved through programs for third through eighth grade girls that aim to enhance self-esteem while incorporating physical activity to establish life-long healthy mental and physical habits. The 10-week afterschool programs focus on social, emotional and physical interactions that inspire the girls and build their confidence, positioning them to better understand themselves, develop meaningful relationships and realize the impact they are capable of having on the world.

Although the program has been in operation in the Dallas-Fort Worth metroplex since 2005, recent expansion has added 11 new school and community sites in Tarrant County, resulting in more than 190 girls being served in the Fort Worth community alone in 2019.

The partnership between Girls on the Run and JLFW provides volunteer coaches for both the fall and spring semesters.

"Volunteers show up to a practice twice a week for about an hour and a half. There is a curriculum book to guide them through stretches, cool downs, lessons of the day and a running

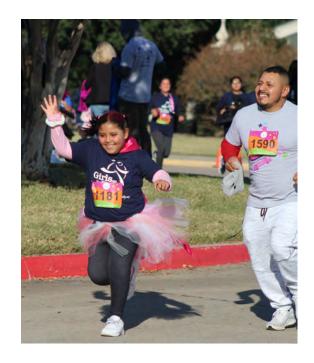


portion," said Girls on the Run Team Lead Savannah Lewis.

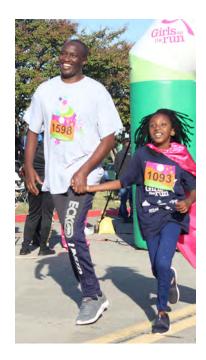
Volunteer coaches play a vital role in giving the girls the confidence that carries them over the 5K finish line. Coaches are trained to create a positive and inclusive environment for the girls, which ensures their ability to thrive in the program. Training includes guidance on adapting the program for girls with disabilities, supporting a mastery-based climate and implementing the Girls on the Run curriculum. Furthermore, coaches undergo trauma-focused training to better recognize and understand the effects of trauma, giving them the tools necessary to make the program a traumasensitive space and facilitate and provide support to girls who have or are at higher risk of experiencing trauma.

"Coaches are the key to our program as they create energy and become the role model for our girls to learn and develop into confident young women," commented Girls on the Run Executive Director Cynthia Kahn.

The program concludes with a 5K run in which family, friends and community members come together to cheer on the







girls and celebrate their completion of the program.

"On Nov. 20, 2021, we once again held our in person 5K for all our girls from the 40 program sites from the fall program season along with community runners at Lone Star Park in Grand Prairie," said Kahn.

Making the program accessible to girls from diverse backgrounds is a priority of both Girls on the Run and JLFW. Girls on the Run provides at least 50 percent of the girls with scholarships that make their participation possible and JLFW's financial support also contributes to this effort.

With accessibility top of mind, the COVID-19 pandemic brought about challenges that hindered participation. Girls on the Run quickly recognized the enhanced need for the program as many young girls were experiencing stress as a result of the pandemic.





"Exposure to stressful events during the past year — which may include the absence of routines, a parent's job loss and economic hardship, or the serious illness or death of someone a child cares about — has the potential to leave children feeling traumatized, and the resulting stress from such events can negatively impact children's mental and physical health and behaviors," explained Kahn.

In order to continue to serve the girls, a fluid model of virtual and small group participation was developed. For example, the celebratory 5K run became virtual, encouraging each small group to hold their own individual, socially distanced event.

The program, along with the support from JLFW has a lasting impact on the girls, leaving them with the confidence they need to know that they can succeed in everything they do because of what they already have within themselves.

## Gittings Spotlight

#### on Your Board of Directors



#### SHAY DIAL JOHNSON

2021-2022 Communications Vice President

Shay Dial Johnson considers herself a passionate community servant with the ability to motivate and inspire others in identifying their potential and share that passion to serve others. In addition to the League, Shay is an active member of the Beta Mu Omega Chapter of Alpha Kappa Alpha Sorority, Inc., the Fort Worth Alumni Chapter of Sigma Alpha lota Fraternity, Inc., Texas Wesleyan Alumni Association, and the Trimble Technical High School Alumni Association. She also serves as a board member for the nonprofit, Housing Opportunities of Fort Worth and was recently elected to the board of the Davey O'Brien Foundation where she will serve on the High School Scholarship Committee. In her free time, Shay enjoys traveling, anything Disney, and spending time with her fiancé Gerald, 9-year-old son, Trey, and cane corso puppy, Enoch.



ASHLEY DAVIS

2021-2022 Fund Development Vice President

Ashley Davis joined Junior League after working as a coordinator for the City of Fort Worth during the first Christmas in Cowtown. She was inspired by Sandra Tuomey and Paige Pate upon experiencing the power of teamwork between women working together to better the community to become involved. Passionate about volunteering, Ashley loves meeting new people, learning and being inspired by women lifting each other up while supporting our community. Ashley serves as the Special Events & Exhibits Director for the Fort Worth Stock Show & Rodeo and in her spare time, loves to spend time outside with husband Tobias and her four dogs, Dasher, Freckles, Sugarbear and Gigi. She also loves to sing – she is even in a tribute band!



#### MINDY HOLLAN

2021-2022 Membership Vice President

Mindy Hollan has served the Leauge in a variety of placements, including Provisional Secretary, ACH Team Lead, Done-in-a-Day Co-Chair, Membership Co-Advisor and Placement Co-Chair. Mindy completed the All aBoard training program and represented the Junior League of Fort Worth at ALJI's Organizational Development Institute (ODI) in 2018. Mindy is a proud alumni of Louisiana Tech University, receiving a Bachelor of Arts in Psychology and a Master of Arts in Counseling & Guidance. By day, Mindy serves as the Associate Director of Housing at Texas Christian University. In her free time, she enjoys serving at Watermark Fort Worth Church and spending time with her friends and family. One of her favorite things to do is take her mini-goldendoodle (Henley) to the park.

# What is Emotional Intelligence?

By Dr. Tara Reed

Emotional Intelligence is the capacity to be aware of, control, and express one's emotions, and to handle interpersonal relationships judiciously and empathetically.

MOTIONAL INTELLIGENCE drives Diversity, Equity and Inclusion through: acknowledging emotional reactions; dealing with ambiguity; developing empathy; decreasing bias; building safe spaces; building inclusive environments; and becoming a culture of collaboration. Studies have demonstrated that emotional intelligence has a major impact on the creation of more rewarding, collaborative, and satisfying workplace relationships and personal relationships.

When we collectively develop our Emotional Intelligence, we will collectively be better able to navigate dialogue and action around Diversity, Equity and Inclusion.



Dr. Tara Reed

#### **LEARN MORE** about Emotional Intelligence

Take the Emotionally Intelligent Quiz: www.mindtools.com/pages/article/ ei-quiz.htm

#### **READ MORE**

www.drtarareed.com/post/ emotional-intelligence

#### Our Commitment to Diversity and Inclusion

The Junior League welcomes all women who value our Mission. We are committed to inclusive environments of diverse individuals, organizations and communities.

#### MEMBERSHIP VICE PRESIDENT'S REPORT

#### August 20 – December 10, 2021

#### TRANSFER IN

Kristen Carlson S JL Collin County

Courtney Dunn A JL Dallas

Karla Eidson S JL Bryan-College Station

Lindsay Nichols A JL The Woodlands

Victoria Platt A JL Orlando

Stacy Pool S JL Midland

Kimberly Saulters A JL Dallas

Mireya Villarreal S JL Los Angeles Camilla Wilson A

JL San Diego

#### REINSTATE

Caro Jackson S Linda Muller S Gwen Rubin A

Jennifer Schwarzbach A

Erika Louise Scott A

Carmon Weeden S

#### **CONDOLENCE**

Danielle Dollahite A Loss of Grandmother

Ashley Hanson A Loss of Mother

Jennifer Nelson Johnson S Loss of Husband

Jean Kostohryz Randolph

Giles S

Loss of Mother

Keely Kostohryz Nezworski A Loss of Mother

Jennifer Kostohryz S Loss of Grandmother-in-law

Kathy Lott S

Loss of Grandson (June) Loss of Mother-in-law (October)

Meri Perryman S Loss of Father

Erica Johnson Pifer A Loss of Father-in-law

Kelly Pumphrey S Loss of Mother

Kathy Spicer S Loss of Mother-in-Law Loss of Mother

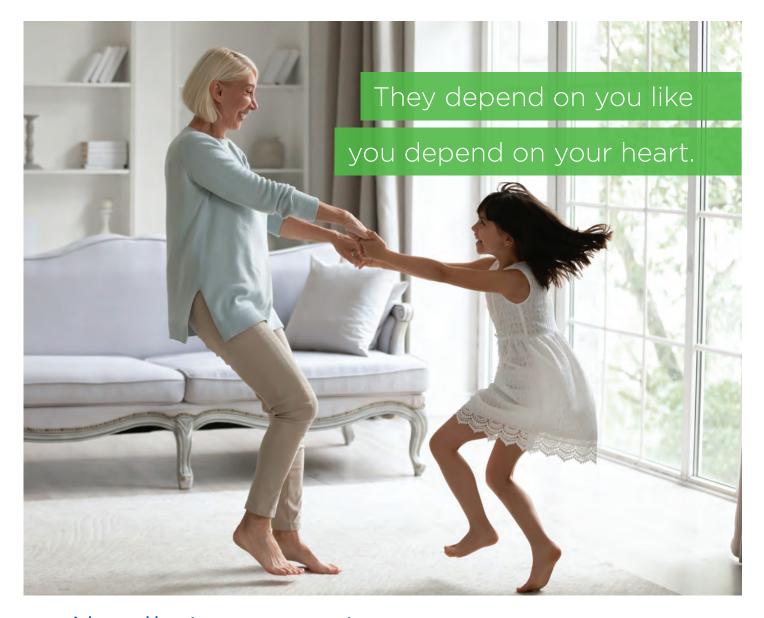
Julie Watson S Loss of Mother Eva Williams A Loss of Uncle Loss of Grandmother

#### **IN MEMORY**

Mildred Hedrick Fender Sustainer Emeritus Past President August 26, 2021

Lloyd McKee Minton Sustainer Emeritus August 30, 2021

Rosemary Runnion Sustainer Emeritus August 20, 2021



#### Advanced heart care you can count on.

When it comes to your heart, it's so important to have the right care. Heart and vascular specialists on the medical staff at Texas Health hospitals offer a broad range of advanced care tailored to each and every heart. From general heart health and wellness to advanced diagnostics, minimally invasive therapies and innovative procedures, we're your dedicated partner in heart health. And, as always, we have protocols in place designed around your safety.

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#### LITTLEST LEAGUERS

#### **Our Growing Community**



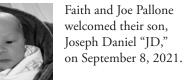
Robert Wyatt Ratliff

Natalie and Robert Ratliff welcomed their son, Robert Wyatt, on March 26, 2021.



Emma Kathryn Briggs

Katie and Jacob Briggs welcomed their daughter, Emma Kathryn, on July 23, 2021.



Joseph Daniel Pallone

### **ENGAGEMENTS**

Life in the League



Shay Dial Johnson and Gerald Gipson got engaged on October 3, 2021 and have plans to wed in 2022.

#### **GRADUATIONS**

Mary Dainty successfully defended her dissertation and graduated with her Ph.D. in Counselor Education and Supervision from Grand Canyon University in September 2021.

#### **CONGRATULATIONS**

Tiffany Anderson, Sarah Barrera, Natalie Bowen, Emily Nance and Jessica Walsh on being named as one of Fort Worth's 2020/2021 AFP (Association of Fundraising Professionals) Emerging Leaders.

Kerrie Adamson (Bryant) on being selected for the JPS Excellence Award and Fort Worth Weekly "Best of 2021" critic's choice "Healthcare Worker."

Mo DeFelice on being named the medical director of palliative care services at Medical City Fort Worth on November 1, 2021.

#### **MARRIAGES**



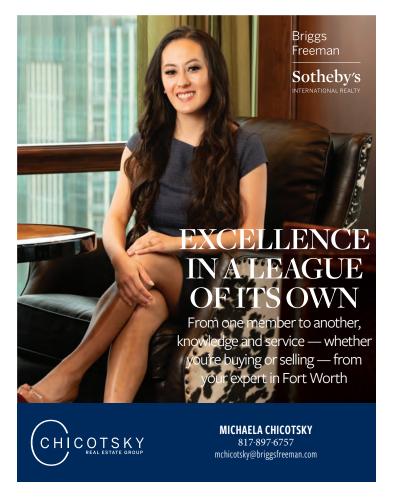
Lynsey Blair married Luther Shilling on August 8, 2021.



Madison Wenske married Justin Teague on September 4, 2021.



Claire Allen married Marshall Jones on August 14, 2021.











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The Junior League of Fort Worth is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

Today the JLFW comprises more than 2,000 members and is part of The Association of Junior Leagues International, Inc. (AJLI) which constitutes one of the largest, most effective volunteer organizations in the world. For more information, please visit juniorleaguefw.org.







